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TOP PICKS

PRICES VALID 5 - 18 AUGUST 2019

IN-STORE NOW



SLOW-
COOKING
festival



1 WINNER
IN EVERY STORE
EVERY WEEK

WIN
A TROLLEY-LOAD
OF MZANSI
FAVOURITES

BUY ANY PARTICIPATING
BRAND TO ENTER

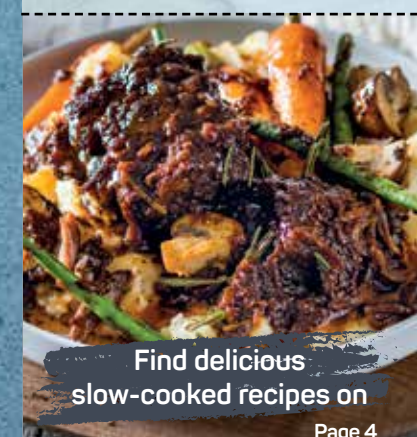
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Perfect
CHEESE &
WINE PAIRINGS

Discover some perfectly
delicious duos.

Page 6



Find delicious
slow-cooked recipes on

Page 4

WIN A TROLLEY-LOAD OF MZANSI FAVOURITES

BUY ANY PARTICIPATING
BRAND TO ENTER

1 WINNER
IN EVERY STORE
EVERY WEEK



Valid 5 - 18 August 2019
Competition only open to persons 18 years
or older. Ts and Cs apply. E&OE.

Pick n Pay

Editor's note

Welcome to another edition of *Top Picks* magazine. This month we're celebrating the brands that hold a special place in our hearts. The classic brands that have been rooted in our culture for generations – from Amarula to Simba and everything in-between. Here in Mzansi, we all know that local really is lekker. And to prove it, we're giving away a trolley-load of Mzansi's favourite brands, every single week. All you have to do is buy any participating brands to stand a chance to win. Make sure you don't miss out.

In the following pages you'll also find a tribute to winter food that soothes the soul. Our Slow-cooking Festival promotion delves into delicious home-cooked recipes to keep you and your family warm all winter long.

As always, we have a wide range of fantastic deals and savings available in-store this month, so hurry if you don't want to miss out.

John Bradshaw
Marketing Executive

This week's TOP PICKS

- 4 SLOW-COOKING FESTIVAL**
Warming winter recipes for the whole family.
- 6 CHEESE & WINE FESTIVAL**
Discover some perfectly delicious duos.
- 8 WIN MZANSI FAVOURITES**
Take home a trolley-load.
- 10 CRAZY COMBOS**
The more you buy, the more you'll save.



More
deals online
www.picknpay.co.za

Promotion valid at Pick n Pay Supermarkets and Hypermarkets excluding Express Stores. Butchery lines not applicable to Bellville and Lakeside. Promotional stocks are limited. Prices include VAT, where applicable. Smart Shopper terms and conditions apply. No traders. E&OE. Selected products may not be available at all stores. Selected products have been styled for photography. Visit www.picknpay.co.za, or call 0800 11 22 88. Cellphone rates apply.

Beat the queues and shop online at www.picknpay.co.za. Some deals may not be available online.

LOAD YOUR DISCOUNTS VIA THE APP OR KIOSK

PRICES VALID 5 - 18 AUGUST 2019

MMNTHS13210_3

SLOW-COOKING festival

OXTAIL STEW

Heat 2 tbsp (30ml) oil in a heavy-bottomed pot until smoking hot. **Season** 1.5kg oxtail meat with salt and pepper and **brown** all over. Set aside. **Sauté** 2 chopped onions for 5 minutes or until softened. **Add** 4 cloves sliced garlic, 5 sprigs rosemary, 5 sprigs thyme and 2 bay leaves and **cook** for another minute.

Deglaze the pan with 1 cup (250ml) red wine and **cook** for a minute.

Return meat to pot. **Add** 2 tsp (10ml) Worcestershire sauce, 1 can (400g) tomatoes and 1 tsp ground cloves. **Add** 5-6 cups (1.25-1.5 Litre) beef stock, **cover** and **simmer** for 1-2 hours or until meat is tender. **Add** 2 punnets (200g each) baby carrots, 1 punnet (200g) fine green beans and 1 punnet (400g) button mushrooms and **simmer** for 10-15 minutes or until cooked through. Serve oxtail stew on mashed potato. **SERVES 4.**

COTTAGE PIE

A healthy take on a classic home-style dish.

Heat 1 tbsp (15ml) oil in a large pan and sauté 1 diced onion until soft. **Add** 2 diced carrots and cook for a few more minutes. **Add** 2 cloves of crushed garlic and fry until fragrant. **Add** 500g mince and 2 sprigs rosemary, stirring to break up any lumps.

Cook for 10 minutes. **Add** 1 can (400g) lentils, 1 tbsp (15ml) tomato paste,

1 can (410g) chopped tomatoes, ½ cup (125ml) beef stock and 1 tsp (5ml) sugar, then **cover** and simmer for 30 minutes. **Season** with salt and pepper.

Steam 2 heads of cauliflower until tender.

Purée cauliflower with some nutmeg and 30ml olive oil until smooth. **Spoon** mince into an ovenproof dish, **spread** cauliflower mash on top and bake for 20 minutes or until golden. **SERVES 6.**

winner
Sunday Times

food
AWARDS
—tried+tested—

BUY 2
SAVE
20%

BUY 2
SAVE
20%

OR



FROM
R169⁹⁹
PnP Simply Cook Assorted
1kg Each



PnP Beef Oxtail Per kg



R38
PnP All Purpose
Potatoes 3kg



R12⁹⁹
PnP Bay Leaves 10g
Refill



R18⁹⁹
SAVER1
PnP Worcestershire
Sauce 250g



WAS R115
R95
SAVE R20
Beyerskloof
Synergy 750ml



R89⁹⁹
Per kg
PnP Bulk Lean Beef
Mince



ANY 2 FOR
R20
SAVER7
PnP Whole Peeled,
Indian or Mexican
Tomatoes 400/410g



BUY 2 FOR
R9
PnP Tomato Paste
50g Sachet



R35
SAVER8
Ina Paarman's
Concentrated Liquid
Stock Assorted
200g Each



R109⁹⁹
SAVER40
PnP Extra Virgin Olive Oil
1 Litre



WAS R125
R110
SAVER15
Neil Ellis Cabernet
Sauvignon Merlot
750ml

PRICES VALID 5 - 18 AUGUST 2019

PRICES VALID 5 - 18 AUGUST 2019

Emmental & Kaapzicht Chenin Blanc
This medium-hard cheese has a pleasantly mild and savoury taste and is ideal for al fresco meals. It goes perfectly with a Chenin that expresses pineapple and peach aromas with sweet, crisp notes.

Indulge in the perfect CHEESE & WINE PAIRINGS

We've carefully selected four wines and cheeses that perfectly complement each other.

Havarti & Paul Cluver Village Pinot Noir
Havarti is a buttery semi-soft cheese that goes perfectly with a quality red wine. This Pinot Noir fits the bill with beautiful aromas of red fruits that intermingle with spices, followed by a delicious palate of plums.

Mature Cheddar & Diemersdal Shiraz
A strongly flavoured, harder cheese like Mature Cheddar pairs well with the Diemersdal Shiraz and its expressive aromas of pomegranate and spice. Expect blackcurrant flavours on the palate before a spicy finish rounds it off.

Brie & Alvi's Drift Reserve Chardonnay
A quality Brie like this has a mild, earthy and buttery taste that requires a full, fruity style wine. This Chardonnay has a lovely pale straw colour with a nose showing elegant peach aromas that is the perfect fit. The palate is full, balanced and lingering with a hint of citrus.

Pair with Emmental

WAS R80

R70

SAVER10

Kaapzicht Chenin Blanc 750ml

SAVE 20%

EMMENTAL FULL FAT CHEESE

Pair with Havarti

WAS R120

R110

SAVER10

Paul Cluver Village Pinot Noir 750ml

NEW

PnP Full Fat Emmental Cheese Portions 200g

Pair with Havarti

WAS R120

R110

SAVER10

Paul Cluver Village Pinot Noir 750ml

SAVE 20%

HAVARTI FULL FAT CHEESE

Pair with Mature Cheddar

WAS R120

R105

SAVER15

Diemersdal Shiraz 750ml

winner

food AWARDS

Pair with Brie

WAS R100

R90

SAVER10

Alvi's Drift Reserve Chardonnay 750ml

SAVE 20%

PnP Full Fat Mature Cheddar 300g

ANY 2 FOR

R40

Président Brie 125g, Camembert 125g, Blue Cheese 100g or Simonzola 100g

MZANSI

FAVOURITES

BUY ANY PARTICIPATING BRAND TO ENTER



Simba

South Africans were first introduced to the Simba chip way back in 1957. It all started with Leon Greyvenstein's idea to expand his family's business, which included his mom Elizabeth's much-loved Ouma rusks. Since then, South Africans have enjoyed Simba chips for generations at every sports match, birthday party and many movie nights.

Amarula

Arguably the drink that's most synonymous with Mzansi, Amarula was founded in 1989. Made from sugar, cream and real marula fruit matured for two years in French oak, the process is uniquely South African. Every year, the company negotiates with local chiefs for the price of the fruit that grows wild in the Mpumalanga region. It is then harvested by the local community.

Ariel

Ariel detergents arrived in South Africa in 2013 and immediately became a favourite in Mzansi. They won our hearts right away when they gathered over a 1 000 people to wash clothes simultaneously to set a new Guinness World Record before donating the clothes to the South African Red Cross Society. Their innovative products save us all time and hassle by lifting every stain left by life's thrills and spills.

Bic

This iconic brand has a long history in South Africa. It all began in 1958 when Bic acquired Biro Swan Ltd, a UK company with activities in the so-called "sterling zone", which South Africa was part of. At the start of the 70s, the company launched their pocket lighters and shavers, supported by memorable advertising.

McCain

The family-owned Canadian company came to South Africa in 2000 and instantly found a place in our homes. Their iconic 2017 "Thank you mom" advertisement campaign featured three South Africans and warmed the hearts of the entire country. Their range of frozen vegetables are now so popular, it is said one in every three chips eaten globally is a McCain chip.



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SAVE R9
BOTH
R50

Clover Krush 100% Fruit Juice Blend 1.5L and Tropika Flavoured Dairy Fruit Mix 2L Assorted



SAVE R31
BOTH
R90

Clover Full Cream Cheddar or Gouda Processed Cheese Slices 360g and Butro Full Fat Butter Spread 500g Tub



SAVE R18
BUY 2
R45

Blossom Lite Fat Spread 1kg Tub



SAVE R24
BUY 3
R35

Blossom Regular Margarine Brick 500g

**BUY MORE
SAVE MORE**



SAVE R19
ANY 2
R50

Lancewood Double Cream Yoghurt Assorted 1kg



SAVE R19
BUY 2
R40

B-Well Canola Oil 750ml



SAVE R14
ANY 2
R45

Lancewood Sauce Delight Assorted 250ml



ANY 2
R40

Serena Original or Spinach Lasagne 250g



SAVE R5
ANY 2
R33⁹⁹

Bakers Eet-Sum-Mor Biscuits Assorted 200g



SAVE R60
ANY 4
R149

Coca-Cola Zero or Light, Tab, Fanta Orange Zero or Sprite Zero 6 x 300ml Cans

**BUY MORE
SAVE MORE**

**SAVE R32
BUY 3
R50**
D'Lite 37% Fat Spread Tub 1kg

**SAVE R15
ANY 2
R40**
Knorr Salad Dressing Assorted 340ml

**SAVE R28
BUY 2
R45**
Serena Tagliatelle Pasta Ribbons 500g

**ANY 3
R35**
Royco Cook in Sauce Assorted 37-62g

**SAVE R25
ALL
R90**
2 x Wellington's Tomato Sauce 700ml, 1x Wellington's Chutney Assorted 470g and 1x Wellington's Sweet Chili Sauce 700g

**SAVE R19
ANY 2
R80**
House of Coffees Hug-in-a-Mug Cappuccino Assorted 10s

**SAVE R65
ANY 4
R166**
Coca-Cola Regular or Life, Fanta Orange, Pineapple or Grape, Sparletta Creme Soda, Iron Brew or Sparberry, Sprite Regular, Lemon or Lime Cucumber, Twist, Schweppes Assorted or Stoney Ginger Beer 6 x 300ml Cans

**BOTH
R80**
Satskin Bubble Bath 2 Litre and Shower Gel 400ml Assorted

**BOTH
R55**
Mr Muscle Bathroom or Kitchen Cleaner and 500ml Refill Assorted

**SAVE R16
ANY 2
R45**
Pampers Baby Fresh Clean Wipes 64s or Sensitive Wipes 56s

**SAVE R15
ANY 2
R30**
Kotex Ultra Pads Assorted 16s